

Pakistan and China

Saving our Home on The Blue Planet

with
An Hawaiian Boat
A Chinese Paddle for Life



President Xi



Prime Minister Muhammad Nawaz Sharif

and

Letters to the Helms

David W Train

Former Olympic Coach

A World Dream



Presidents Xi Jinping and Barack Obama. November 2014

In November 2014 President Xi and President Obama signed an historic agreement on the climate change problem. In the “Heart of England” we have developed a set of sporting and cultural soft power “tools”, inspired by Chinese and Hawaiian culture, to bring all the people of China, the United States and the world on board and working together to solve the problem.

The soft power “tools” are already in China and the United States but we need President Xi and President Obama on board if they are to spread rapidly enough across our planet to save civilisation from the effects of climate change and to set the world on a new sustainable course.

I am sure that if President Xi and President Obama knew about these ideas from the Heart of England, they would be delighted to sign Paddles for Life, as the leaders of the European Union have already done. It will ensure that a World Dream, step by step, becomes reality for our future generations. The Prime Minister of Pakistan is in a wonderful position to reach President Xi by gifting him the set of soft power tools from the Heart of England. The world will win.

Why is it vital for Pakistan to get the ideas to President Xi.

The ideas were inspired by the story of Qu Yuan, China's first poet, whose suicide led to the creation of the Chinese Dragon Boat Festival, the second most important festival in the Chinese calendar.

President Xi and the Chinese leadership accept that emission reduction is a huge world problem long term and that to solve it needs people at every level of society to take part.

These ideas, inspired by Chinese culture, do just that, by the creation of water festivals, at local level, like the Dragon Boat Festival, across the planet, but involving children and people at every level of society, because of the stable bell boat making it possible.

Children make a paddle for life, shaped in the form of the Chinese Dragon Boat paddle, paint their design on it, their parents friends and teachers sign it in support, and the children plant trees to replace the wood used and keep the paddle for life, thus taking the first step in sinking carbon. Leaders sign Paddles for Life which are used as perpetual trophies for the regattas.

Because the Dragon Boat Festival is deeply embedded in Chinese culture, it would be very easy to add to the Chinese tradition by children making a Paddle for Life and taking part in a stable boat. It would greatly accelerate the process, if, led by President Xi, leaders at every level of society took part by signing the perpetual Paddle for Life trophy.

Three bell boats and three Paddle for Life trophies have already been given to China. Two bell boats were given to Penglai together with a Paddle for Life. The other is in Weifang, together with a Paddle for Life. Another Paddle for Life, signed by the prime ministers of the United Kingdom is in the museum of the Chinese People's Association for Friendship with Foreign Countries, which is within a mile of President Xi's residence in Beijing.

If the Pakistan Prime Minister Mian Mohammed Nawaz Sharif presented a Paddle for Life to President Xi, he would be made aware of these ideas from the Heart of England, which would help President Xi to bring all on board in China by embedding them in Chinese culture.

I am sure that President Xi would be delighted to be made aware that a Chinese Dragon Boat paddle is being used as a world symbol to bring all on board to tackle the world's greatest long term problem and, as a member of the G20, would be very happy to present all the leaders of the world with a Chinese Paddle for Life. It would greatly help President Obama, or any future American president in getting all of America working together on the problem.

Because of the American system of government it is very difficult for any president to bring the great might of the United States on board and working together to solve any great world problem. In WW2, America did not lead the way in facing up to the world threat of Nazism and only added its great might to solve the problem after the Japanese attacked Pearl Harbor. America only came into the "Space Race" after Russia led the way with Sputnik. Any American president needs an external threat to the American system to bring all on board.

In a recent visit to Alaska, President Obama said, "If another country threatened to wipe out an American town, we'd do everything in our power to protect ourselves. Climate change poses the same threat, right now."..... "It's our wakeup call. And as long as I'm president, America will lead the world to meet the threat of climate change before it's too late."

But the truth is that President Obama and any future president will need the rest of the world to help him or her before they can inspire all of America on board, which the world needs if it is to solve the problem of climate change. The external threat that America may well come from some great natural catastrophe but it seems to me that there is a better way.

The people of the United States hate to be left behind. They love a competition and always respond to it. If China and the G20, inspired by Pakistan, all came on board by grasping the Chinese Paddle for Life and turning it into a huge soft power world weapon, signalling their determination to tackle the problem, the message might well reach the United States and, in creative competition, would soon follow and put their huge resources behind solving the problem.

President Obama has called out to the American people, "YES WE CAN" solve this great world problem. Inspired by Pakistan, China and the G20 can take President Obama's words and give them to the world, with a little addition. They should call out to the world, "YES WE CAN and WE WILL" solve this great world problem, by working together and using the talents of all to do so.

And we shall celebrate our success, year by year by the creation of water based festivals at local level across our planet, as Pakistan is about to do in Mipur, Azad Kashmir.

One small Hawaiian boat, a Paddle for Life in the form of a Chinese Dragon Boat paddle, a Regatta with a story attached to it, a set of soft power weapons, grasped by the world, will change the course of world history.

So, Prime Minister Mian Mohammed Nawaz Sharif and President Xi, by working together, have it within their power to set the world on a new course in tackling the emission problems. All it needs is for them to sign a Paddle for Life. The rest will follow and all the world will win.

The Story of the Chinese Dragon Boat

In 1980, the Hong Kong Tourist Board wanted to get their message to the West. They sent three Dragon Boats to London, held a regatta and the winners were invited to take part in the Hong Kong Dragon Boat Festival.

In 1985, Mike Haslam, now president of the International Dragon Boat Federation, realised the potential for Dragon Boat racing in the West. He formed the British Dragon Boat Association and later the International Dragon Boat Federation. Within twenty years Dragon Boat racing has spread around the world and with it the story of Qu Yuan, a Shakespeare figure of China, which went back 2,300 years.

In 1990 I met the American engineers whose work led to the Japanese Quality Revolution in manufactured goods after WW2. I was asked to get their message to America and the West. I realised that if I designed a boat to reflect the ideas, created events which became part of culture and attached a story to the boat I could get a message to the world, even if it took two thousand years! I invented the bell boat, so called to draw attention to variation in all systems, part of the American ideas which transformed Japanese industry. I was later asked to add a message about emission reduction which I did with the Paddle for Life idea and a story.

The Voyage from the Heart of England to Pakistan

In 1990 because of an article that I wrote connecting human and manufacturing systems I met the engineers and scientists who helped to bring about the “Quality Revolution” in manufactured goods, in Japan, after WW2. They asked me to get the message about their work to America. The best known is Dr William Edwards Deming.

To do so I invented the bell boats and from that came the Paddle for Life. In 1993 I spoke at the Deming Conference in Birmingham about the ideas. I was asked to use the ideas to also help to get the message about climate change to America. In 2005 I spoke at the at the Deming Conference at Purdue University in Indiana, America, and later taught for three months at Purdue. It was there that I realised that America, because of it’s political system, was never likely to lead on the climate change issue. My thoughts turned to China and I wrote to the Chinese ambassador in London.

In 2008 Mme Fu Ying, the Chinese ambassador to London, after signing Paddles for Life, told me that to get the President of China on board I needed to get the Queen, as head of state, to sign the Paddle for Life. I and others tried for seven years to achieve it but have failed because our system does not allow the Queen to take part.

In June 2013 events turned me to think of Europe. Within a couple of weeks President of the European Council, Herman Van Rompuy and President of the European Parliament, Martin Shulz to sign two Paddles for Life. In July 2013, I wrote to the heads of state and government and asked for their help in getting the Paddles for Life and the ideas into the hands of President Xi and President Obama.

I had many replies and letters wishing me well. Then President Dalia Grybauskaitė of Lithuania said yes and signed the paddles in Brussels. When I met President Grybauskaite she mentioned President Putin and it made me realise that I had made a mistake in leaving out Russia. To correct my mistake, I wrote to President Putin suggesting that he should present the Paddle for Life for Hawaii to President Obama at the G8 meeting due to take place in Sochi in June 2014.

Events after Sochi in Crimea and Ukraine meant that the Sochi G8 meeting was cancelled. It made me think, and with relations worsening between Russia and the West I wrote to President Putin to suggest, in the spirit of the Olympics, a great positive project for the people of Russia. I had a positive response from the Russian embassy and a Sochi Paddle for Life was signed on behalf of President Putin by the Head of Bi-Lateral Relations at the Russian Embassy in London.

I had hoped to give a bell boat to Russia and was trying to find some one who would take care of it in Russian, when I was phoned by Mr Mushtaq Hussain, who was setting up a water sports centre in Mirpur in Azad Kashmir. He had seen the bell boat and wanted one to use for his centre. At the time he was unaware of the story and ideas attached to it. His request turned my attention to Pakistan and I realised the huge opportunity for Pakistan. I was delighted to give Mushtaq Hussain and Pakistan a bell boat, a Paddle for Life and all the ideas.

I then wrote to Prime Minister Mian Mohammed Nawaz Sharif and President Xi. The letters follow.

**Honourable Mian Mohammed Nawaz Sharif,
Prime Minister of the Islamic Republic of Pakistan,
The Prime Minister's Office,
44000 Constitution Avenue,
Islamabad,
Pakistan.
24th August 2015**

Dear Prime Minister,

A Paddle for Life

I am a former British Olympic coach and for the last few years have been developing a set of soft power “tools” to bring all the world on board working together to tackle the climate change problem. As you will see in the enclosed booklet, many national leaders have helped us in our work, including Lord Coe and David Cameron, who signed a Paddle for Life and named bell boats before they were sent to China.

As you will also see, we had planned, as the next step, to send a bell boat to Russia in the hope that President Putin would be able to inspire H.E. President Xi to sign a Paddle for Life. However, three weeks ago, I was approached by a Mr Mushtaq Hussain, whose parents were born in Mirpur, Azad Kashmir. He told me about his vision to start a water sports activity centre in Mirpur, Azad Kashmir and it made me realise the huge opportunity it presented for Pakistan, as we move forward to the Paris Climate Change Conference in Paris in December.

Pakistan is one of those countries which, whilst being a low emitter of carbon will suffer the effects and it has a huge need to get the major emitters to bring about the transformation now needed for the world. That transformation can be achieved by technology and laws, but transformation can also be brought about by a new world story, which we all share in creating. I believe that, with your help, Pakistan can be a central player in that story and change the course of world history.

You will see in the booklet that I believe the key to bringing all the world on board is to get these ideas into the hands of H.E. President Xi, who I am sure will be delighted to take part, because we have used the Chinese Dragon Boat paddle as the world “brand” to inspire all the world to take part. It just needs someone to get the ideas into his hands.

Because of Mr Hussain I have become very aware of the close relationship of Pakistan and China, especially with the development of the China-Pakistan Economic Corridor. It seemed to me that you were the ideal person to give ideas to H.E. President Xi, by simply making him aware. All it would take is a thank you letter from you to H. E. President Xi for these Chinese inspired ideas which have now reached Pakistan, and asking him to help the development of the ideas in Pakistan by signing the Paddle for Life for Mirpur, Azad Kashmir.

A photograph of H. E. President Xi signing the Mirpur Azad, Kashmir, Pakistan Paddle for Life with the Ambassador of Pakistan in Beijing would be a wonderful story for the world about the world's largest emitter working together with one to the smallest emitters to bring all the world on board.

Mr Mushtaq Hussain's enthusiasm changed my plans and I decided that I must gift a bell boat and the ideas to Pakistan, which I have now done. The bell boat and the ideas will be in Pakistan within a matter of weeks. Mr Hussain plans to make a mould from the bell boat that I have given him and then make a fleet of boats so that he can introduce the children and young people of Mirpur, Azad Kashmir to paddlesport and hold a the "Mirpur Azad Kashmir Regatta for Our Home on the Blue Planet" in the spring of 2016, as a model that could be repeated throughout Pakistan and the world.

I am now painting the Mirpur, Azad Kashmir Paddle for Life, to be used as a perpetual trophy for this event, which I hope the Pakistan High Commissioner in London will sign before I send it to Pakistan. There I hope it will be signed by the Prime Minister of Kashmir.

I would be delighted if you would sign the Mirpur Azad Kashmir Pakistan Paddle for Life, and then inspire H.E. President Xi to do so. It will be the story of the UN Climate Change Conference in Paris.

I hope that in the true spirit of the Olympics, that you will take part. All the world will win.

My very best wishes,

Good paddling,

David W. Train.

Former Olympic coach. Finalist - Guardian Sustainability Business Leader of the Year 2015.

cc. H.E. Syed Ibne Abbas, High Commissioner for Pakistan

Mr. Chuadhry Abdul Majid. Prime Minister of Azad Kashmir.

The Right Honourable Lord Nazir Ahmed.

Mr Chaudhry Muhammed Saeed, Secretary Finance, PML-N AJK(Former British Hon Consul at Mirpur and President Federation of Pakistan Chamber of Commerce and Industry)

Mr Raja Amjad Pervez, Commissioner Mirpur Division, Govt of AJK

Mr. Mushtaq Hussain, Founder and Chief Executive. UK Water Sports Club, Mirpur Asad Kashmir.

enclosed: Photo. Bell Boats Gift to Pakistan

Booklet...Ban Ki-Moon

Vale Magazine article.

**President Xi Jinping,
Office of the President,
Zhong Nan Hai,
Beijing,
People's Republic of China.
30th August 2015**

Dear President Xi,

A Paddle for Life: Pakistan launching China's greatest soft power gift to the world.

I wrote to you in May about what I believed that it was a huge opportunity to create a world story that would inspire all the world on board and working together to tackle the climate change problem. I now believe that there is an even bigger opportunity, because of Pakistan, as you will see in the enclosed small booklet.

Being such a long term project, the aim of reducing emissions will need to be embedded in all our hearts and cultures for generations to come. Inspired by the Dragon Boat Festival and the story of Qu Yuan, here in the United Kingdom, a set of ideas has emerged to do the job. The ideas are about creating, across the planet, a series of locally based regatta's, like the Dragon Boat Festival, which carry the message that we are going to achieve our world aim to tackle the emission problem and celebrate our success in doing so, year by year.

So that all can take part, whatever their age, gender, or abilities a stable boat inspired by Hawaiian culture is used. It is called a bell boat and is a school on the water, the raft of a philosophy of working together. Going with it, to propel and steer the ideas across the world, is a Paddle for Life shaped in the form of a Chinese Dragon Boat paddle in recognition of the ideas being inspired by Chinese boating culture.

As you will see in the enclosed booklet, the seeds of the ideas have already been sown in the European Union, the United States, the Russian Federation China and will soon be sown in Mirpur, Azad Kashmir, Pakistan.

Here, and soon in Pakistan, children make their Paddle for Life from a wooden sword and shield symbolising conflict to co-operation. The children then paint

their individual designs on the front of the paddle on an environmental theme and then get their parents, grandparents and friends to sign the back in support. Thus involving all the community. The children then plant trees to replace the wood used and keep their individualised “Paddle for Life”, for life. Thus taking the first step in sinking carbon.

To get things started in any country leaders sign a Paddle for Life to be used as a perpetual trophy for the regattas. The first such paddle is placed on display in a suitable public place for all to see. In China there are already three Paddles for Life in museums in Penglai, Weifang and Beijing, together with all the ideas. In the United States, the first Paddle for Life, signed by British and American leaders, rests in the town hall of Winona in Minnesota. In Pakistan the Paddle for Life will soon be placed in the care of the people of Mirpur, Azad Kashmir.

It would greatly accelerate the spread of these ideas in Pakistan, and the world, if you would sign the Mirpur Paddle for Life and accept a gift of a Paddle for Life, signed by the leaders of Pakistan which we hope will be used as the catalyst for a sailing event in Penglai. Penglai is the fabled spot where the Eight Immortals set out floating over the ocean and where the first Chinese Emperor sent off five hundred boys and five hundred girls to look for the islands of immortality.

The world now needs to search for ways to create immortal civilisations and it would be an inspiration for all young people if, every year, five hundred young men and five hundred young women from across our planet took part in the Penglia-Main Yacht Race for Our Home on the Blue Planet, a new sailing race symbolising the new world we must create together, if humanity and civilisation are to survive this century.

It would create a wonderful world story if the Penglai Paddle for Life was presented to you by the High Commissioner for Pakistan in Beijing, and a photograph made available for all the leaders of the G20 and the world to see of you signing the two Paddles for Life, in thanks to the ideas being inspired by Chinese culture. It would demonstrate to the world the joint commitment of China and Pakistan to tackling the greatest problem facing humanity and civilisation and, if followed by you presenting a Paddle for Life to every member of the the G20 at the meeting in Turkey in November, would be a truly world story.

Stories change the world and if this could all be in place before the UN Paris conference on climate change later this year it would be a great world story about the joint efforts of Pakistan, China, and the G20, to make the world a better place for our children and grandchildren.

I hope that in the true spirit of the Olympics, you will take part, by welcoming the idea of the High Commissioner of Pakistan presenting you with the Penglai Paddle for Life and you signing the two paddles. It would be a model that could, in time, be repeated for all the G20 nations, and all the nations on our planet. The Chinese Dragon Boat paddle will become the leading soft power symbol of sustainability on our planet and all the world will win.

My very best wishes,

Good paddling,

David W. Train

President Fladbury Paddle Club. Former Olympic coach. Finalist Guardian Sustainable Business Leader of the Year 2015.

cc. Honourable Mian Mohammed Nawaz Sharif, Prime Minister of the Islamic Republic of Pakistan.

H.E.Liu Xiaoming, Ambassador of the People's Republic of China. London.

H.E. Syed Ibne Abbas, High Commissioner for Pakistan. London.

The Soft Power Tools for Pakistan



The Bell Boat

The bell boat is a school on the water, the raft of a philosophy of all taking part and working together to tackle humanity's greatest problems, starting with climate change. The bell boat is a stable, twin hulled boat, so that all can take part without fear.

The port hull carries the name "Spirit of Noah's Ark". The starboard hull carries the name "Spirit of Energy Climate Era".

The top flag on the bow flag staff represents the letter "W" and as a single flag means, "Urgent Medical Attention Needed". The lower flag represents the letter "E" and as a single flag means "Changing Course to Starboard".

The rear flag is the Pakistan flag. The centre flags are those of China and the United Nations.

Thus, the signalling flags spell out the message that “WE, the crew of Pakistan , aboard the “Spirit of Noah’s Ark” , recognising that our Home on the Blue Planet is in need of urgent medical attention, are changing course to starboard, into the “Energy Climate Era” to avoid a collision, and inspiring China and the the rest of the nations on our planet to join us.” On the top of the flagstaffs are the characters in the children’s stories.

The name of the boat and the flag at the helm can be changed for any club, county, country or organisation, spelling out that everyone has a responsibility to tackle the problem.

It seems appropriate for the bell boat for Pakistan to be named the “Spirit of Noah’s Ark” as the story of Noah’s Ark is part of the Islamic tradition, as indeed it is to the Jewish and Christian traditions. In that story the people of Noah’s world were warned about a great flood and the solution was to build a large boat, the Ark. Today, we are being warned that the whole world now faces floods and danger because of human made climate change. These ideas are about humanity building many boats and the creation of a water based festival, in order to ensure that we do all that we can to prevent the floods and the chaos that will be felt by future generations, unless we act now.

On the stern of the bell boat is the “Spirit of Dr Deming and Energy Climate Change”, in recognition of Dr Deming’s work starting me on this voyage and because I believe his work is of great value to the world.

In the case of China an appropriate name would be the “Spirit of Qu Yuan”, in recognition of the part played by Chinese culture in these ideas. In the case of India, an appropriate name would be the “Spirit of the Ganges”. In the case of Russia it would be the “Spirit of Peter’s Botik”.

Each would tell a story about the culture of their country which together would create a new world story for the future.

The Paddle for Life



Children make a Paddle for Life from what starts out as a wooden sword and shield, symbolising conflict to co-operation. They paint the paddles with their individual designs and then get their parents and friends to sign the back and sponsor them. They plant trees to replace the wood used and keep the paddle for life, thus taking the first step in sinking carbon from the atmosphere.

The Paddle for Life Perpetual Prizes signed by world leaders.

In any system, whether it be a club, school or country, it is essential to get whoever is at the top of the system on board.

To achieve that and to start the process in any country we get a Paddle for Life signed by leaders which is used as a perpetual trophy for an event. Many leaders have signed Paddles for Life and are shown on the following pages.

However, in terms of the climate change problem we must somehow inspire President Xi and the leaders of the G20 to sign. Other world leaders will follow

and the ideas will sweep across the world. Pakistan could help by inspiring President Xi to do so.

The Main Voyage for Our Home on the Blue Planet



The children with their teachers take part in voyages. In Worcestershire well over half the primary schools now have a day on the canals or rivers. It is hoped to do the same in Mirpur.

The Main Regattas for Our Home on the Blue Planet

Children, parents, grandparents of all ages and abilities take part together in the regattas. They are a “Henley” for all, with all taking part, rather than a few, with others watching.

In Worcestershire we have eight regattas, the largest being the Pershore-Main Regatta for Our Home on the Blue Planet, which has over nine hundred people taking part. Everyone receives a certificate.

The Walter and Winnie Stories.

Saving Our Home on the Blue Planet: A story which can be adapted for any place.

Walter's Festivals. Explains the meaning of the "Bell Boat"

You Tube Films

Google. "TED.com Lord Stern."

It spells out the problem for humanity and how we must act quickly to bring all the world on board.

Google "TED.com James Hansen. Speaking Truth to Power."

"Paddle for Life....David Train."

It spells out a solution, through sport and culture of how to get all the world on board and working together to tackle the problem

**"Bell Boat...Keep Paddling "
How Scotland could use the ideas.**

"Greening the Vale"

What is happening in the Vale of Evesham.



Lord Stern with Paddle for Life

Events so far:China America Russia EU Pakistan



Prime Minister David Cameron naming bell boats for China

Weifang 2012

Eric Liddell Memorial Park

Mr Jiang Lianshao
International Kite Federation



Mr Li-ke Su
Director International Kite Surfing Committee

Taking Part



Mr Guo Jinlong
mayor of Beijing
November 2008



Mr Li Jianping,
Vice President
The Chinese People's
Association for
Friendship with Foreign
Countries
Beijing August 2012





China 2015
Penglai

Winona and Minnesota Taking Part



Chad Uhl Winona.
Governor Tim Pawlenty
of Minnesota, Jerry
Miller Mayor of Winona,
Eric Sorensen, city
manager. May 2008



US Representative Tim Walz and
Mayor of St Paul, Chris Coleman



United States Senator
Amy Klobuchar
December 2008

Посольство Российской Федерации
в Великобритании

г. Лондон



Embassy of the Russian Federation

13 Kensington Palace Gardens, London W8 4QX
Tel: (020) 7229 36 20; Fax: (020) 7229 58 04

22 September 2014

N 1502

Dear David,

Thank you for bringing the Sochi Paddle for Life for me to sign. I will be delighted to visit Worcestershire to name and launch the "Spirit of Peter's Botik and Energy Climate Era" when it is ready.

I had not realised that "Peter's Botik" was designed in England. It is a great connection between Russia and England and a great story to tell in this "The Year of Culture" in the United Kingdom.

We really appreciate all that you are doing to normalise and enhance the relationship between our countries. I look forward to visiting Worcestershire.

Sincerely yours,

Sergey Nalobin
Head, the Bilateral Relations Section

Mr David W. Train
Glen Villa, Fladbury
Nr. Pershore
Worcs
WR10 2QH

EU Presidents on Board

Inspiring all to Take Part

President José Manuel Barroso
European Commission
Signed Paddle for Life
February 2009



President Herman Van Rompuy
European Council
Signed Paddle for Life and
wrote letter of support July 2013



President Martin Schulz
European Parliament
Signed Paddle for Life June 2013



Taking Part



Alex Salmond
first minister Scotland
6th March 2008

Douglas Alexander shadow British
foreign secretary
7th March 2008



Tony Blair
when prime minister
20th April 2007



Gordon Brown
when prime minister
22nd June 2008

Science, Education and Business

Grasping the Paddle for Life and Inspiring All



Lord Martin Rees President of the Royal Society and Master of Trinity College Cambridge at Trinity College in the hall where Newton was knighted.

July 2007

Professor Peter Fiddler. Vice Chancellor Sunderland University June 2007



Peter Rothera. Managing Director
Denison Mayes
Leeds July 2008



Andy Bond CEO of Asda
Leeds March 2007



President Grybauskaite of Lithuania

Brussels